



City of **HOBART**

MEDIA RELEASE

16 February 2017

‘Healthy Hobart’ to showcase Rugby League

The City of Hobart’s new *Healthy Hobart* program kicks off today with a Rugby League clinic delivered by the Melbourne Storm team and Touch Football Tasmania.

Lord Mayor of Hobart, Alderman Sue Hickey said: “We welcome Melbourne Storm to Hobart and are grateful that they are supporting our *Healthy Hobart* program.”

The free *Healthy Hobart* Rugby League clinic starts 4.30pm today at North Hobart Oval and community members of all ages and abilities are encouraged to come and ‘have a crack’ at rugby league.

“People can come and test their skills, meet a few high-profile players but most importantly, just get active and have fun,” said the Lord Mayor.

Brent Silva from NRL Tasmania said: “We are very excited that the first ever *Healthy Hobart* session is Rugby League.

“We are very proud that our sport can support the objectives of seeing more active and healthy Tasmanians in the community and more Rugby League in Tasmania can only be a good thing!,” said Mr Silva.

Chairman of the Council’s Parks and Recreation Unit, Alderman Anna Reynolds said *Healthy Hobart* is about making it easy and fun for people to participate in a range of recreation and leisure activities, while providing an opportunity to learn new skills and gain new experiences.

“This session will be followed by 20 other free sessions including a Surf Life Saving activity on Sunday 19 February at Long Beach in Sandy Bay.

“Surf Life Saving Tasmania provide education and training programs across the state along with patrols both on, in and above the shore.

Surf Life Saving Tasmania is the largest volunteer movement of its kind in Australia and I encourage as many families as possible to get along to this session to find out what it is all about – we need our beaches to be safe,” said Ald Reynolds.

The City of Hobart, in partnership with Healthy Tasmania, have designed the *Healthy Hobart* schedule to offer a range of fun, easy and FREE ways for people in Hobart to become more physically active, look after their own health and wellbeing and be better connected to their communities.

Healthy Hobart offers 21 FREE activity sessions over eight weeks to be held in Hobart's parks and reserves. Participants can register by downloading the 'I'm In' by Healthy Tasmania app from the app store or google play or visit the councils website for more information www.hobartcity.com.au/healthyhobart

END

For interview:

Ald Sue Hickey, Lord Mayor: 0427 351 987

Ald Anna Reynolds, Chairman Parks and Recreation Committee: 0423 222 149

Media enquiries:

Kerry Baker: 0437 775 484

Media Opportunity:

Thursday 16 February 2017 at 4:30pm at North Hobart Oval

Melbourne Storm players will be hosting a rugby league clinic for Healthy Hobart participants.